

What is a Children Sanctuary?

We have been supported in providing specialist facilities for children and young people. We have a sensory room and a children's garden together with a well equipped play room. We also employ Children and young people's workers who can help children by giving them the opportunity to talk about their feelings.

Confidentiality

All workers will treat anything you tell them as confidential although they may have to share information with other LIDAS staff. The only exception is if we are told something that makes us think the safety of children or other people in the refuge is at risk.

LIDAS

PO Box 125, Lincoln. LN1 1HA

☎ 01522 510 066

Fax 01522 514 682

outreach@lincolnwomensaid.org.uk

www.lincolnwomensaid.org.uk

Eve House 01522 510 041

Draw a picture



Children's and Young People's Family Support Services



IN AN EMERGENCY CALL 999

What is the Children's and Young People's Family Support Service?

Children and young people are offered Support by specialist Children's Workers around their experiences of living with or witnessing domestic abuse



We support children and young people through talking, listening, play and creative

We offer one to one sessions to enable children to discuss and explore issues surrounding domestic abuse in a safe and friendly environment.

We also offer other structures programmes which have different leaflets

Our aim is to enable children and young people to express and understand their feelings, build confidence and self esteem.

We will work together to help children and young people feel safe and to recognise that they are not the only one to have experienced domestic abuse.

Effects domestic abuse has on children and young people

- ❖ Domestic abuse at home can have an enormous impact on children and young people.
- ❖ Children and young people may feel powerless or guilty.
- ❖ Children and young people can suffer symptoms of post traumatic stress disorder.
- ❖ Violence can interfere with children and young people's social relationships.
- ❖ Witnessing domestic abuse can have long lasting consequences.
- ❖ Babies show their distress through their health & development.
- ❖ It can lead to distress and impairment in all aspects of a child's life.

LIDAS works positively to ensure that individuals are not un-fairly treated as a result of ethnic origin, age, gender, sexual orientation, faith and diversity

How to make a referral to the Children's Family Support Service

Referrals can be made by via our referral line on 01522 510041.

To access this service children and young people need to be either subject to a TAC, Child in Need Plan or a Child Protection Plan.

If children and young people do not meet this criteria we will discuss with you a single agency referral.

A children's support worker will then make contact with the family and arrange an initial visit to discuss how the service could meet individual support need

If appropriate a programme of support will be arranged.

This may include one to one sessions, group work, telephone support or sign posting to other agencies