

LWA Worker:

Phone No:

Original Date:

Dates Revised:

Nearest Police Station:

SAFETY PLAN

Name	DOB:
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PHONE NUMBERS

Emergency contact – Name:		Contact No:	
Relationship to you:		Address:	
Useful Numbers:	GP	Social Worker	
	Solicitor	Police	
	School	Call Derbyshire	01522 510066
	In an emergency call 999	National Helpline	0808 2000 247

GOALS TO IMPROVE SAFETY (IN PRIORITY ORDER)

1. (e.g. Move to a new house out of the area)
- 2.
- 3.
- 4.

IMMEDIATE ACTION NEEDED

Date	Action	Who
	(e.g. contact the housing department)	

ONGOING ACTION PLAN

Date	Action	Who
	(e.g. keep phone numbers safe to access refuge in an emergency)	

Are you currently living with an abusive partner/family member?	<input type="checkbox"/> Yes, P.2	<input type="checkbox"/> No, P.3
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Please turn to next page

LIVING IN AN ABUSIVE RELATIONSHIP

Low risk areas of house (where are you safest? – i.e. way out, no potential weapons)		
High risk areas of house (usually kitchen/garage/bathroom – where there are likely to be weapons or other dangers)		
Safest way out		
Where would you go?		
What is the best time to leave?		

CURRENT SITUATION

Forms (see 1)	<input type="checkbox"/> POLICE AWARE	<input type="checkbox"/> CRITICAL REGISTER	<input type="checkbox"/> RISK ASSESSMENT
Support from others	Are your neighbours aware of your situation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes would they call the police if they felt you needed help?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have a code word to use when contacting friends/neighbours/family?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Emergency Bag	Do you have an emergency bag prepared?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, where is it? (is there anyone you can leave the bag with?)		
	Have you included the following items?		
	Birth Certificates	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Passports (visas, work permits)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Money, (bank books, cards, cheque books)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Keys (house, car, work)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Address book	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Police reports, court orders, harassment logs, copies of medical reports re: abuse.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Benefits cards, letters, something with National Insurance number	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Clothing and toiletries, small sentimental items – eg photos, diary.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Housing Info (mortgage info, rental agreements, insurance documents)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Driving License/car registration documents	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Children	Do they know how to ring the police and what to say?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you rehearsed a safety plan with them?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do they have a place of safety in the house?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you informed the school what's happening and who can/can't pick them up?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

CONSIDERATIONS

Would you consider/are you considering, any of the following?

<input type="checkbox"/> Keeping a log of incidents	<input type="checkbox"/> Reporting an incident to the police
<input type="checkbox"/> Taking out an injunction	<input type="checkbox"/> Taking legal advice
<input type="checkbox"/> Sanctuary scheme (safe room in house)	<input type="checkbox"/> Informing neighbours
<input type="checkbox"/> Talking to your GP/ going to A & E	<input type="checkbox"/> Other (state)

KEEP MOBILE WITH YOU AND CHARGED.
KEEP SOME MONEY WITH YOU ALWAYS – TO COVER PHONE CALLS, BUS FARES ETC.
TAKE THE CHILDREN WITH YOU – IT MAY BE DIFFICULT TO TAKE THEM LATER.
TAKE EVERYTHING YOU NEED AS YOU MAY NOT BE ABLE TO RETURN
BE REALISTIC – DO NOT TRY TO TAKE TOO MUCH. THE POLICE COULD HELP TO RECOVER MORE OF YOUR THINGS LATER.

